GOAL SETTING

I use ‘to-do’ lists or other simple strategies to help organise myself and stay on track

I set and monitor general goals
I respond to feedback to improve my performance

I set and monitor specific goals
I ask for feedback about my strengths and areas for development

I set, review and reset SMART goals based on self-reflection and feedback I seek from others

INDEPENDENCE & INITIATIVE

I work independently on tasks I am given

I can work independently and sometimes take the initiative to extend or modify tasks

I know what needs doing and I decide whether it is best to work alone or with others to achieve it

I analyse and reflect on what enables, or causes barriers, when working alone or with others

PERSISTENCE & RESILIENCE

I persist with things within my comfort zone

I persist with new challenges and use Habits of Mind to aid my success

I make plans and use strategies, including Habits of Mind, in tackling challenges

I assess and adapt my strategies, drawing on what has or hasn’t worked in the past

COMMUNICATION

I communicate my ideas and observations to others

I communicate clearly and I actively listen to opinions that may differ from my own

I build on the ideas of others in discussions
I accept and offer constructive feedback

I think about and reflect on my communication skills, actively seeking ways to improve

COLLABORATION

I cooperate with partners, groups and in the class

I respect and consider the opinions of others when working on a shared task

I contribute, and encourage others to contribute, to shared tasks

I reflect on my own and the group’s performance in shared tasks

GENERAL PROGRESSION

I wait for the teacher to tell me what to do and I don’t reflect much

I act on suggestions made by the teacher and I reflect when asked to

There is strong evidence that I choose the ways I do things and I reflect independently

I choose and justify the way I do things and I reflect consistently, widely, deeply & independently

DEVELOPING → SATISFACTORY → GOOD → EXCELLENT

PASSIVE LEARNER → ACTIVE LEARNER